

# breakfast IN THE DEN

NO. 389

INSPIRED GLOBALLY

## 3 egg omelets

CLASSIC HAM & AGED CHEDDAR 15  
tomato | onion | mushrooms | hashbrown

JERK CHICKEN 16  
tomato | green onion | smoked gouda | hashbrown

SMOKED SALMON EGG WHITE 17  
avocado | tomatoes | onions | spinach | goat cheese | hashbrown

CARIBBEAN LOBSTER 19  
green onions | red pepper | cherry tomatoes | cheddar | hashbrown

VEGETABLES FRITTATA 17  
(choose egg white (350 cal) or regular egg)  
spinach | onions | local tomatoes | quinoa | red peppers | homemade salsa

(All omelets served with your choice of white or wheat toast)

## Anchor & Den classic

STEAK AND EGGS 22  
6 oz. skirt steak | chimichurri | hashbrown | 2 eggs any styles | choices of toast

EGGS BENEDICT 17  
two poached eggs\* | toasted english muffin | hollandaise |  
canadian bacon or smoked salmon

BREAKFAST SALAD (375 cal) 15  
baby green | chickpeas | tomatoes | avocado | quinoa | cranberries |  
two eggs sunny side up | greek yogurt dressing

PANCAKES ANY STYLE 14  
blueberries | banana | walnuts | chocolate

MUESLI FRENCH TOAST (450 cal) 14  
corn flakes | mixed berries | bananas | light syrup

MANGO & GUAVA FRENCH TOAST 16  
warm syrup | mixed berries

BREAKFAST QUESADILLA 16  
scrambled eggs | cheddar & jack cheese | bacon | homemade salsa | guacamole

## classics

ALL AMERICAN BUFFET 25  
all you can eat buffet | eggs cook to order | includes toast | tea or coffee & juice

A LA CARTE AMERICAN 18  
two eggs any style | choice of bacon, ham or sausage | two mini pan cakes |  
hashbrown or side of fruit | includes toast | coffee & juice

HEALTHY START (500 cal) 17  
oatmeal, cold cereal, muesli or home style granola  
choices of milk | side fruits | toast/choices of 2 pastries | juice & coffee

## gluten free options

FRENCH TOAST 14  
PANCAKES ANY STYLE 14  
EGG BENEDICT (gluten free toast) 17

## side orders

### beverages

fresh orange juice 3.5  
apple | cranberry | pineapple  
V8 | tomato juice 3.5  
coffee (regular & decaf) 4  
choices of tea 3.5  
espresso 3.5  
cappuccino | latte 4.5  
soft drinks 3  
bottle water | sparkling 4

### proteins

crispy bacon 4  
pork sausage 4  
turkey bacon 4  
chicken sausage 4  
turkey sausage 4  
canadian bacon 4  
smoked salmon 6  
honey glazed plantain 4  
baked beans 5  
two eggs any style 6

### cereals

oatmeal 5  
home style granola 5  
muesli with fruits 5  
cereal with fruits 5  
granola parfait, mixed berries 5  
side fruits 4

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.  
If you have any concerns regarding food allergies, please alert your server prior to ordering.  
Prices are in Cayman Islands dollars. A 16% service charge will be added to your final bill.